# 2026 Network Facilities

MEDSHIELD
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**Easy access** to a Network Facility for your specific benefit option.

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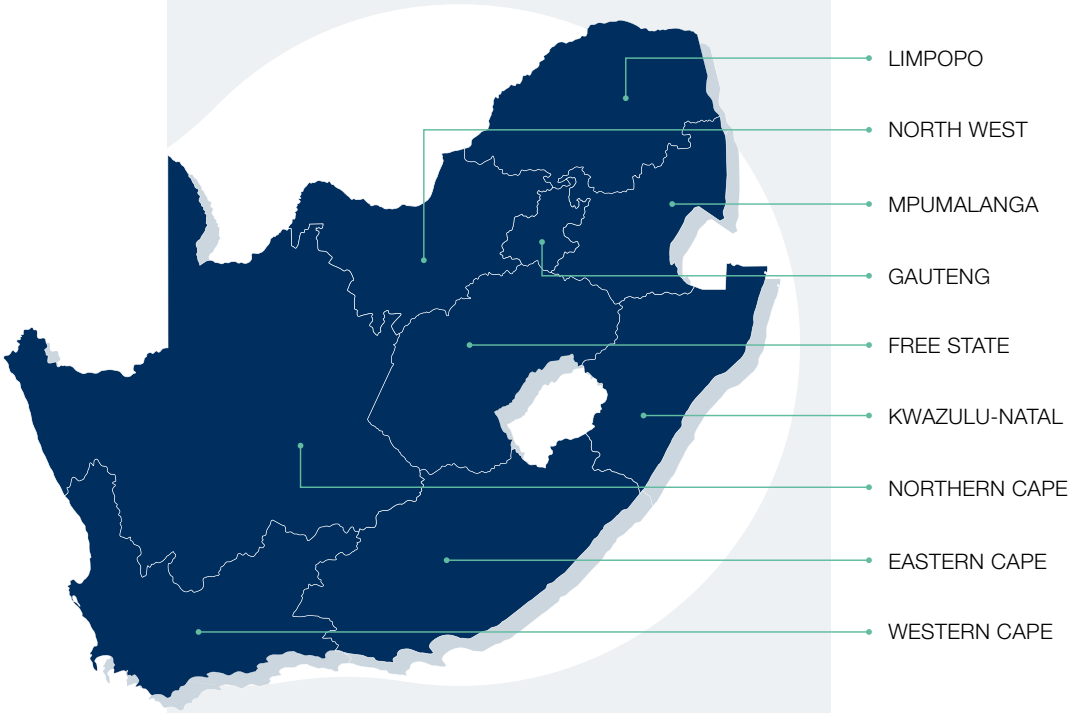
# Receive Quality Care in
# **Medshield's 2026 Hospital Network**

All Medshield's benefit options include extensive hospital cover.
**The below listed plans offer cover for admissions in a defined network**

| | |
|---|---|
| PremiumPlus | OPEN NETWORK |
| MediBonus | OPEN NETWORK |
| MediSaver | PRIME NETWORK |
| MediPlus prime | PRIME NETWORK |
| MediPlus compact | COMPACT NETWORK |
| MediCore | COMPACT NETWORK |
| MediValue prime | PRIME NETWORK |
| MediValue compact | COMPACT NETWORK |
| MediPhila | COMPACT NETWORK |
| MediCurve | COMPACT NETWORK |

**Click** on the region you would like to view

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# Medshield Medical Scheme **2026 Hospital Network**

| GAUTENG | | Prime Network | Compact Network |
|---|---|---|---|
| | | MediSaver, MediPlus Prime, MediValue Prime | MediPlus Compact, MediCore, MediValue Compact, MediPhila, MediCurve |
| **Alberton** | Netcare Alberton Hospital | x | x |
| **Benoni** | Life The Glynnwood Hospital | x | |
| | Netcare Linmed Hospital | x | x |
| **Brakpan** | Life Dalview Hospital | x | |
| **Centurion** | Mediclinic Midstream | x | x |
| **Germiston** | Life Bedford Gardens Hospital | x | |
| | Life Roseacres Hospital | x | |
| **Heidelberg** | Life Suikerbosrand Hospital | x | x |
| **Johannesburg** | Life Brenthurst Hospital | x | |
| | Life Fourways Hospital | x | |
| | Mediclinic Morningside | x | x |
| | Mediclinic Wits Donald Gordon | x | x |
| | Mediclinic Sandton | x | x |
| | Netcare Milpark Hospital | x | x |
| | Intercare Medfem Fertility Clinic | x | x |
| **Kempton Park** | Arwyp Medical Centre | x | x |
| **Krugersdorp** | Netcare Krugersdorp | x | x |
| **Lenasia** | Lenmed Ahmed Kathrada Private Hospital | x | x |
| **Mabopane** | Mediclinic Legae | x | x |
| **Midrand** | Netcare Waterfall City Hospital | x | x |
| **Pretoria** | Life Faerie Glen Hospital | x | |
| | Life Wilgers Hospital | x | |
| | Mediclinic Heart Hospital | x | x |
| | Mediclinic Kloof Hospital | x | x |
| | Mediclinic Medforum | x | x |
| | Mediclinic Muelmed | x | x |
| | Netcare Montana | x | x |
| **Randfontein** | Life Robinson Private Hospital | x | |
| **Roodepoort** | Life Flora Hospital | x | |
| | Life Wilgeheuwel Hospital | x | |
| **Soweto** | Clinix Tshepo-Themba Private Hospital | x | x |
| | Dr S K Matseke Memorial Hospital | x | x |
| **Springs** | Life Springs Parkland Hospital | x | |
| | Netcare N17 | x | x |
| **Vanderbijlpark** | Mediclinic Emfuleni | x | x |
| **Vereeniging** | Mediclinic Vereeniging | x | x |
| | Naledi Nkanyezi Private Hospital | x | x |
| **Vosloorus** | Clinix Botshelong-Empilweni Private Hospital | x | x |

| EASTERN CAPE | | Prime Network | Compact Network |
|---|---|---|---|
| | | MediSaver, MediPlus Prime, MediValue Prime | MediPlus Compact, MediCore, MediValue Compact, MediPhila, MediCurve |
| **East London** | Life Beacon Bay Hospital | x | x |
| | Life East London Private Hospital | x | |
| | Life St Dominic's Private Hospital | x | x |
| | Royal Buffalo Specialist Hospital | x | x |
| **Matatiele** | Matatiele Private Hospital | x | x |
| **Mthatha** | Crestcare St Mary's Private Hospital | x | x |
| **Gqeberha** | Life Mercantile Hospital | x | x |
| **(Port Elizabeth)** | Life St George's Hospital | x | x |
| | Netcare Greenacres Hospital | x | x |
| **Queenstown** | Life Queenstown Private Hospital | x | x |
| **Uitenhage** | Netcare Cuyler Hospital | x | x |

| KWAZULU-NATAL | | Prime Network | Compact Network |
|---|---|---|---|
| | | MediSaver, MediPlus Prime, MediValue Prime | MediPlus Compact, MediCore, MediValue Compact, MediPhila, MediCurve |
| **Ballito** | Netcare Alberlito Hospital | x | x |
| **Cato Ridge** | Hibiscus Hospital Cato Ridge | x | |
| **Chatsworth** | Life Chatsmed Garden Hospital | x | x |
| **Durban** | Isipingo Hospital | x | |
| | Life Entabeni Hospital | x | |
| | Life Westville Hospital | x | |
| | Netcare St Augustine's Hospital | x | x |
| | Netcare Umhlanga Hospital | x | x |
| | Grace Birthing Centre | x | x |
| **Empangeni** | Life Empangeni Private Hospital | x | x |
| **Howick** | Lenmed Howick Private Hospital | x | |
| **Kokstad** | Netcare Kokstad Private Hospital | x | x |
| **KwaDukuza** | KwaDukuza Private Hospital | x | x |
| **Ladysmith** | Lenmed La Verna Hospital | x | x |
| **Margate** | Netcare Margate Hospital | x | x |
| **Newcastle** | Mediclinic Newcastle | x | x |
| **Newlands** | Lenmed Ethekwini Hospital and Heart Centre | x | x |
| **Phoenix** | Life Mount Edgecombe Hospital | x | |
| **Pietermaritzburg** | Daymed Private Hospital | x | |
| | Life Hilton Private Hospital | x | |
| | Mediclinic Pietermaritzburg | x | x |
| **Pinetown** | Busamed Hillcrest Private Hospital | x | x |
| | Life The Crompton Hospital | x | x |
| **Port Shepstone** | Hibiscus Hospital Port Shepstone | x | x |
| **Tongaat** | Mediclinic Victoria | x | x |
| **Vryheid** | Abaqulusi Private Hospital | x | x |

| FREE STATE | | Prime Network | Compact Network |
|---|---|---|---|
| | | MediSaver, MediPlus Prime, MediValue Prime | MediPlus Compact, MediCore, MediValue Compact, MediPhila, MediCurve |
| **Bethlehem** | Mediclinic Hoogland | x | x |
| **Bloemfontein** | Life Rosepark Hospital | x | |
| | Mediclinic Bloemfontein | x | x |
| | Pasteur Eye Hospital | x | x |
| **Frankfort** | Riemland Clinic | x | x |
| **Harrismith** | Busamed Harrismith Hospital | x | x |
| **Kroonstad** | Netcare Kroon Hospital | x | x |
| **Welkom** | Mediclinic Welkom | x | x |

| LIMPOPO | | Prime Network | Compact Network |
|---|---|---|---|
| | | MediSaver, MediPlus Prime, MediValue Prime | MediPlus Compact, MediCore, MediValue Compact, MediPhila, MediCurve |
| **Hoedspruit** | Hoedspruit Private Hospital | x | x |
| **Lebowakgomo** | Medleb Private Hospital | x | x |
| **Lephalale** | Mediclinic Lephalale | x | x |
| **Louis Trichardt** | Zoutpansberg Private Hospital (Crestcare) | x | x |
| **Polokwane** | Mediclinic Limpopo | x | x |
| **Thabazimbi** | Mediclinic Thabazimbi | x | x |
| **Tzaneen** | Mediclinic Tzaneen | x | x |

| MPUMALANGA | | Prime Network | Compact Network |
|---|---|---|---|
| | | MediSaver, MediPlus Prime, MediValue Prime | MediPlus Compact, MediCore, MediValue Compact, MediPhila, MediCurve |
| **Barberton** | RH Phodiclinic | x | x |
| **Emalahleni** | Life Cosmos Hospital | x | x |
| **Ermelo** | Mediclinic Ermelo | x | x |
| **Mbombela (Nelspruit)** | Kiaat Private Hospital | x | x |
| | Mediclinic Nelspruit | x | x |
| **Middelburg** | Life Midmed Hospital | x | x |
| **Piet Retief** | RH Piet Retief Private Hospital | x | x |
| **Trichardt** | Mediclinic Highveld | x | x |

| NORTH WEST | | Prime Network | Compact Network |
|---|---|---|---|
| | | MediSaver, MediPlus Prime, MediValue Prime | MediPlus Compact, MediCore, MediValue Compact, MediPhila, MediCurve |
| **Brits** | Mediclinic Brits | x | x |
| **Klerksdorp** | Lenmed Wilmed Park Hospital | x | |
| | Life Anncron Hospital | x | x |
| **Mafikeng** | Clinix Victoria-Itokolle Private Hospital | x | x |
| **Mogwase** | Lesego Private Hospital | x | x |
| **Potchefstroom** | Mediclinic Potchefstroom | x | x |
| **Rustenburg** | B MC Gillewie T/A Rustenburg Medi-Care Centre | x | x |
| | Life Peglerae Hospital | x | x |
| | Netcare Ferncrest Hospital | x | x |
| **Vryburg** | Vryburg Private Hospital | x | x |

| NORTHERN CAPE | | Prime Network | Compact Network |
|---|---|---|---|
| | | MediSaver, MediPlus Prime, MediValue Prime | MediPlus Compact, MediCore, MediValue Compact, MediPhila, MediCurve |
| **Hartswater** | Jane Keyser Private Hospital | x | |
| **Kathu** | Lenmed Kathu Private Hospital | x | x |
| **Kimberley** | Mediclinic Kimberley | x | x |
| **Upington** | Mediclinic Upington | x | x |

| WESTERN CAPE | | Prime Network | Compact Network |
|---|---|---|---|
| | | MediSaver, MediPlus Prime, MediValue Prime | MediPlus Compact, MediCore, MediValue Compact, MediPhila, MediCurve |
| **Bellville** | Mediclinic Louis Leipoldt | x | x |
| | Cape Eye Hospital | x | x |
| **Cape Town** | Mediclinic Cape Gate | x | x |
| | Mediclinic Cape Town | x | x |
| | Mediclinic Constantiaberg | x | x |
| | Mediclinic Panorama | x | x |
| | Melomed Tokai | x | x |
| | Netcare Christiaan Barnard Memorial Hospital | x | x |
| **Claremont** | Life Kingsbury Hospital | x | |
| | Life Peninsula Eye Hospital | x | x |
| **Durbanville** | Mediclinic Durbanville | x | x |
| **Gatesville** | Melomed Gatesville | x | |
| **George** | Mediclinic George | x | x |
| **Hermanus** | Mediclinic Hermanus | x | x |
| **Knysna** | Life Knysna Private Hospital | x | |
| **Malmesbury** | Crestcare Malmesbury | x | x |
| **Milnerton** | Mediclinic Milnerton | x | x |
| **Mitchells Plain** | Melomed Mitchells Plain | x | x |
| **Mossel Bay** | Life Bayview Hospital | x | x |
| **Oudtshoorn** | Mediclinic Klein Karoo | x | x |
| **Paarl** | Mediclinic Paarl | x | x |
| **Plettenberg Bay** | Mediclinic Plettenbergbay | x | x |
| **Pinelands** | Life Vincent Pallotti Hospital | x | |
| **Somerset West** | Mediclinic Vergelegen | x | x |
| **Stellenbosch** | Mediclinic Stellenbosch | x | x |
| | Mediclinic Winelands Orthopaedic Hospital | x | x |
| **Vredenburg** | Life West Coast Private Hospital | x | x |
| **Worcester** | Mediclinic Worcester | x | x |

| LESOTHO | | Prime Network | Compact Network |
|---|---|---|---|
| | | MediSaver, MediPlus Prime, MediValue Prime | MediPlus Compact, MediCore, MediValue Compact, MediPhila, MediCurve |
| **Maseru** | Maseru Private Hospital | x | x |

| NAMIBIA | | Prime Network | Compact Network |
|---|---|---|---|
| | | MediSaver, MediPlus Prime, MediValue Prime | MediPlus Compact, MediCore, MediValue Compact, MediPhila, MediCurve |
| **Otijwarongo** | Mediclinic Otijwarongo | x | x |
| **Swakopmund** | Mediclinic Swakopmund | x | x |
| **Windhoek** | Mediclinic Windhoek | x | x |

## Exception Hospitals

We cover specific defined procedures at these facilities as an exception hospital subject to pre-authorisation and strict protocols. The specific procedure is applicable only to the **PremiumPlus**, **MediBonus**, **MediSaver** and **MediPlus Prime** benefit options.

| GAUTENG | |
|---|---|
| **Midrand** | Netcare Waterfall City Hospital (Robotic-Assisted Laparoscopic Prostatectomy (RALP)) |
| **Pretoria** | Netcare Pretoria East (Robotic-Assisted Laparoscopic Prostatectomy (RALP)) |

| WESTERN CAPE | |
|---|---|
| **Durbanville** | Mediclinic Durbanville (Robotic-Assisted Laparoscopic Prostatectomy (RALP)) |
| **Claremont** | Life Kingsbury Hospital (Robotic-Assisted Laparoscopic Prostatectomy (RALP)) |

| EASTERN CAPE | |
|---|---|
| **Gqeberha (Port Elizabeth)** | Life St George's Hospital (Robotic-Assisted Laparoscopic Prostatectomy (RALP)) |

For the most up to date Networks list, **please scan the QR code** for easy access to the Medshield website.

**Medshield Contact Centre**
086 000 2120 | www.medshield.co.za

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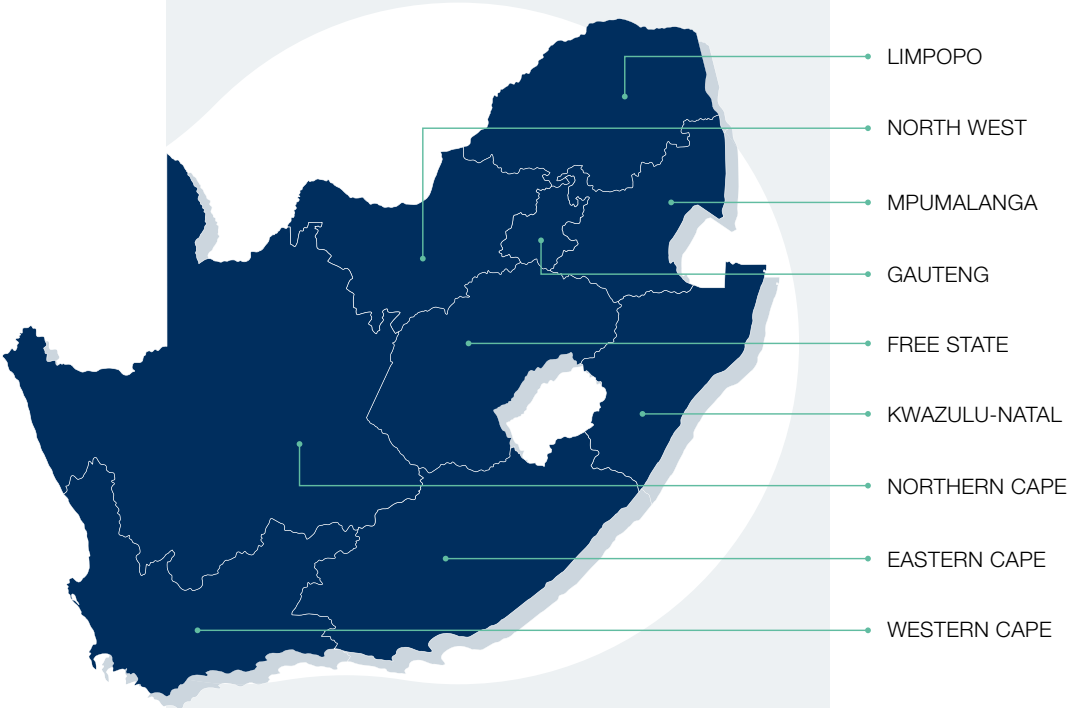
# Medshield's 2026 Day Surgery Facilities Network

Experience a relaxed and personalised approach coupled with quality care in the **2026 Medshield Day Surgery Facilities Network**. Day Surgery facilities are specifically designed for outpatient care.

The facilities in our network are available on all Medshield Benefit Options and is not restricted to a specific benefit option or plan.

- PremiumPlus
- MediBonus
- MediSaver
- MediPlus prime
- MediPlus compact
- MediCore
- MediValue prime
- MediValue compact
- MediPhila
- MediCurve

**Click** on the region you would like to view



# Medshield **2026 Day Surgery Facilities Network**

The facilities in our network are available on all Medshield Benefit Options and is not restricted to a specific benefit option or plan.

| EASTERN CAPE | Practice Name | Facility Type |
|---|---|---|
| East London | Cure Day Hospital East London | Day Clinic |
| East London Southernwood | Life St James Day Hospital | Day Clinic |
| Gqeberha (Port Elizabeth) | Advanced Medical Forum Theatre | Day Clinic |
| | Bay Eye Hospital | Day Clinic |
| | Cure Day Hospital | Day Clinic |
| | Edge Day Hospital | Day Clinic |
| | Medical Forum Theatre | Day Clinic |

| FREE STATE | Practice Name | Facility Type |
|---|---|---|
| Bethlehem | Bethlehem Medical Centre | Day Clinic |
| | Mediclinic Hoogland * | Acute Hospital |
| Bloemfontein | CityMed Day Hospital | Day Clinic |
| | Cure Day Hospital - Bloemfontein | Day Clinic |
| | Mediclinic Bloemfontein Day Clinic | Day Clinic |
| | Mediclinic Bloemfontein * | Acute Hospital |
| Welkom | Mediclinic Welkom * | Acute Hospital |
| | Mediclinic Welkom Medical Centre - Day Clinic | Day Clinic |

| GAUTENG | Practice Name | Facility Type |
|---|---|---|
| Alberton | Newmarket Day Hospital | Day Clinic |
| | The Ear & Eye Clinic | Day Clinic |
| Benoni | Benoni Day Hospital | Day Clinic |
| | Lakefield Surgical Centre (Ophthalmology) | Day Clinic |
| | The Healthy Eye | Day Clinic |
| Boksburg | Advanced East Rand Day Hospital | Day Clinic |
| Centurion | Centurion Day Hospital | Day Clinic |
| | Centurion Eye Hospital | Day Clinic |
| | Mediclinic Midstream * | Acute Hospital |
| | Cure Day Hospital - Midstream | Day Clinic |
| | Intercare Irene Day Hospital | Day Clinic |
| Edenvale | Edenvale Day Clinic | Day Clinic |
| Emalahleni | Advanced Health De La Vie Day Hospital | Day Clinic |
| Fordsburg | Fordsburg Clinic | Day Clinic |
| Germiston | Medicross Germiston Medical & Dental Centre | Day Clinic |
| Johannesburg | Bioart Fertility Clinic | Day Clinic |
| | Cure Day Hospital - Fourways | Day Clinic |
| | Dr G M Pitje Day Hospital | Day Clinic |
| | Intercare Medfem Fertility Clinic * | Acute Hospital |
| | Johannesburg Eye Hospital | Day Clinic |
| | Melrose Surgical Centre | Day Clinic |
| | Twenty Twenty Eye Surgery Centre | Day Clinic |
| Kempton Park | Ekurhuleni Surgiklin Day Clinic | Day Clinic |
| Krugersdorp | Netcare Protea Day Clinic | Day Clinic |
| Mabopane | Mediclinic Legae * | Acute Hospital |
| Morningside | Mediclinic Morningside * | Acute Hospital |
| Parktown | Mediclinic Wits Donald Gordon * | Acute Hospital |

*Day Clinic / Day Surgery Procedures - Admissions permissible at these Acute Hospitals

| GAUTENG | Practice Name | Facility Type |
|---|---|---|
| **Pretoria** | Cure Day Hospital - Erasmuskloof | Day Clinic |
| | Cure Day Hospital - Medkin | Day Clinic |
| | Intercare Hazeldean Day Hospital | Day Clinic |
| | Kilnerpark Day Clinic | Day Clinic |
| | Life Brooklyn Day Hospital | Day Clinic |
| | Life Pretoria North Surgical Centre | Day Clinic |
| | Mediclinic Heart Hospital * | Acute Hospital |
| | Mediclinic Kloof * | Acute Hospital |
| | Mediclinic MedForum * | Acute Hospital |
| | Mediclinic Muelmed * | Acute Hospital |
| | Medicross Constantia Park - Day Surgery | Day Clinic |
| | Medicross Silverton Medical & Dental Centre | Day Clinic |
| | Mpudulle Eye Centre | Day Clinic |
| | Pretoria Eye Institute - Faerie Glen | Day Clinic |
| **Roodepoort** | Advanced Medgate Day Hospital | Day Clinic |
| | Cure Day Hospital - Wilgeheuwel | Day Clinic |
| | Life Wilgeheuwel Day Clinic | Day Clinic |
| | Netcare Constantia Day Hospital | Day Clinic |
| **Sandton** | Intercare Day Hospital - Sandton | Day Clinic |
| | Sandhurst Eye Centre | Day Clinic |
| | Mediclinic Sandton * | Acute Hospital |
| **Sebokeng** | Ocumed Eye & Laser Institute | Day Clinic |
| **Soweto** | Apex Surgi-Centre Soweto | Day Clinic |
| **Vanderbylpark** | Mediclinic Emfuleni * | Acute Hospital |
| **Vereeniging** | Mediclinic Vereeniging * | Acute Hospital |
| | Visiclin Eye Clinic | Day Clinic |

| KWAZULU-NATAL | Practice Name | Facility Type |
|---|---|---|
| **Durban** | Ribumed Day Clinic | Day Clinic |
| **Howick** | Howick Day Clinic | Day Clinic |
| **Ladysmith** | Ladysmith Day Hospital | Day Clinic |
| **Newcastle** | Mediclinic Newcastle * | Acute Hospital |
| | Mediclinic Newcastle Day Hospital | Day Clinic |
| **Overport** | Durban Eye Hospital | Day Clinic |
| **Pietermaritzburg** | Mediclinic Pietermaritzburg * | Acute Hospital |
| | Midlands Medical Centre Private Hospital | Day Clinic |
| | Pietermaritzburg Eye Hospital | Day Clinic |
| **Pinetown** | Medicross Pinetown Medical & Dental Centre | Day Clinic |
| **Port Shepstone** | Hibiscus Day Surgical Hospital | Day Clinic |
| | Hibiscus Day Hospital - Scottburgh | Day Clinic |
| **Richards Bay** | Medicross Richards Bay Day Theatre | Day Clinic |
| **Shelly Beach** | Shelly Beach Day Clinic | Day Clinic |
| **Tongaat** | Mediclinic Victoria Hospital * | Acute Hospital |
| **Umhlanga** | KZN Day Clinic | Day Clinic |
| **Westville** | CARE Clinic (Fertility clinic) - Westville | Day Clinic |

*Day Clinic / Day Surgery Procedures - Admissions permissible at these Acute Hospitals

| WESTERN CAPE | Practice Name | Facility Type |
|---|---|---|
| **Atlantis** | Wesfleur Private Clinic | Day Clinic |
| **Bellville** | Khangella Eye Theatre | Day Clinic |
| | Cure Day Hospital - Bellville | Day Clinic |
| **Cape Town** | Cure Day Hospital Foreshore | Day Clinic |
| | Langebaan Day Hospital | Day Clinic |
| | Mediclinic Cape Gate Day Hospital | Day Clinic |
| | Somerset Surgery | Day Clinic |
| | The Cosmetic Surgery Institute | Day Clinic |
| | Intercare Day Hospital Century City | Day Clinic |
| | Mediclinic Milnerton * | Acute Hospital |
| | Mediclinic Cape Town * | Acute Hospital |
| | Mediclinic Constantiaberg * | Acute Hospital |
| | The Link Day Surgery Clinic | Day Clinic |
| | Mediclinic Louis Leipoldt * | Acute Hospital |
| | Mediclinic Panorama * | Acute Hospital |
| | Mediclinic Cape Gate * | Acute Hospital |
| **Durbanville** | Advanced Durbanville Surgical Centre | Day Clinic |
| | Mediclinic Durbanville * | Acute Hospital |
| | Mediclinic Durbanville Day Hospital | Day Clinic |
| **George** | George Surgical Centre | Day Clinic |
| | Mediclinic George Day Clinic | Day Clinic |
| **Hermanus** | Hermanus Day Hospital | Day Clinic |
| | Mediclinic Hermanus * | Acute Hospital |
| **Knysna** | Advanced Knysna Surgical Centre | Day Clinic |
| **Kraaifontein** | Medicross Langeberg Medical & Dental Centre | Day Clinic |
| **Mossel Bay** | Vidamed Private Hospital | Day Clinic |
| **Newlands** | Life Sport Science Orthopaedic Surgical Day Centre | Day Clinic |
| **Oudshoorn** | Mediclinic Klein Karoo * | Acute Hospital |
| | Cango Medicentre | Day Clinic |
| **Paarl** | Cure Day Hospital - Paarl | Day Clinic |
| | Mediclinic Paarl * | Acute Hospital |
| **Panorama** | Advanced Panorama Surgical Centre | Day Clinic |
| **Pinelands** | Aevitas Fertility Clinic | Day Clinic |
| **Plettenberg Bay** | Mediclinic Plettenberg Bay * | Acute Hospital |
| **Robertson** | Carewell Roberston Day Surgery | Day Clinic |
| **Simon's Town** | Advanced Harbour Bay Surgical Centre | Day Clinic |
| **Somerset West** | Cure Day Hospital - Somerset West | Day Clinic |
| | Summerhill Surgical Centre | Day Clinic |
| | Mediclinic Vergelegen Day Hospital | Day Clinic |
| | Mediclinic Vergelegen * | Acute Hospital |
| **Stellenbosch** | Mediclinic Stellenbosch Day Clinic | Day Clinic |
| | Mediclinic Winelands Day Clinic | Day Clinic |
| | Wijnland Fertility Clinic | Day Clinic |
| | Mediclinic Stellenbosch * | Acute Hospital |
| | Mediclinic Winelands Orthopaedic Hospital * | Acute Hospital |
| **Worcester** | Advanced Worcester Surgical Centre | Day Clinic |
| | Mediclinic Worcester * | Acute Hospital |

*Day Clinic / Day Surgery Procedures - Admissions permissible at these Acute Hospitals

| LIMPOPO | Practice Name | Facility Type |
|---|---|---|
| **Lephalale** | Mediclinic Lephalale * | Acute Hospital |
| **Polokwane** | Mediclinic Limpopo * | Acute Hospital |
| | Mediclinic Limpopo - Day Clinic | Day Clinic |
| **Thabazimbi** | Mediclinic Thabazimbi * | Acute Hospital |
| **Tzaneen** | Mediclinic Tzaneen * | Acute Hospital |

| MPUMALANGA | Practice Name | Facility Type |
|---|---|---|
| **Emalahleni** | Highveld Eye | Day Clinic |
| **Ermelo** | Mediclinic Ermelo * | Acute Hospital |
| **Nelspruit** | Cure Day Hospital Mbombela | Day Clinic |
| | Mediclinic Nelspruit Day Clinic | Day Clinic |
| | Mediclinic Nelspruit * | Acute Hospital |
| **Trichardt** | Mediclinic Highveld * | Acute Hospital |

| NORTHERN CAPE | Practice Name | Facility Type |
|---|---|---|
| **Hartswater** | Medi-Harts Day Clinic | Day Clinic |
| **Kimberley** | Medicross Day Theatre | Day Clinic |
| | Mediclinic Kimberley * | Acute Hospital |
| **Upington** | Kalahari Day Theatre Cataract & Eye Centre | Day Clinic |
| | Mediclinic Upington * | Acute Hospital |

| NORTH WEST | Practice Name | Facility Type |
|---|---|---|
| **Brits** | Mediclinic Brits * | Acute Hospital |
| **Klerksdorp** | Lenmed Daleside Day Hospital | Day Clinic |
| **Potchefstroom** | Mediclinic Potchefstroom * | Acute Hospital |
| | Medicross Potchefstroom Medical & Dental Centre | Day Clinic |
| **Rustenburg** | Rustenburg Private Eye Clinic | Day Clinic |

*Day Clinic / Day Surgery Procedures - Admissions permissible at these Acute Hospitals

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086 000 2120 | www.medshield.co.za

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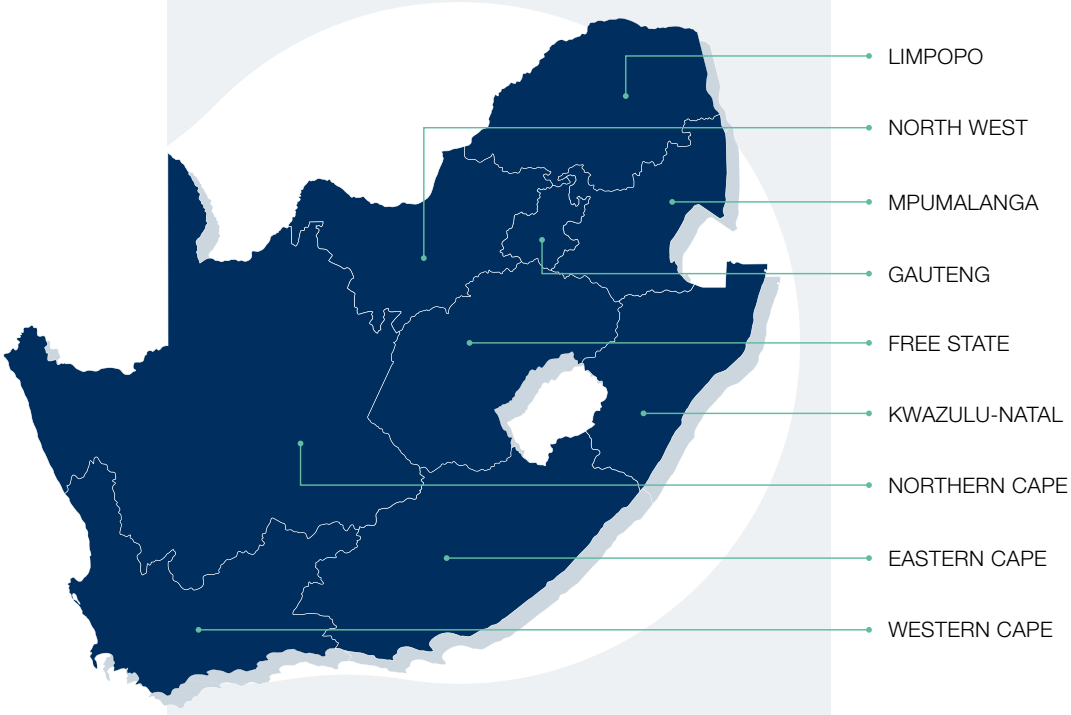
# Medshield's 2026 Physical Rehabilitation, Sub-acute and Step-down Facilities Network

Experience quality long-term or short-term intensive medical care and rehabilitation in **Medshield's Physical Rehabilitation, Sub-acute and Step-down Facilities** for members who are not severely ill but need support to regain their ability to carry out daily activities after an episode of illness, but are stable enough to be discharged from the hospital.

The facilities in our network are available on all Medshield Benefit Options and is not restricted to a specific benefit option or plan.

- PremiumPlus
- MediBonus
- MediSaver
- MediPlus prime
- MediPlus compact
- MediCore
- MediValue prime
- MediValue compact
- MediPhila
- MediCurve

**Click** on the region you would like to view



# Medshield **2026 Physical Rehabilitation, Sub-acute and Step-down Facilities Network**

The facilities in our network are available on all Medshield Benefit Options and is not restricted to a specific benefit option or plan.

| EASTERN CAPE | Practice Name | Facility Type |
|---|---|---|
| East London | Life East London Private Hospital - Sub-acute Clinic | Step-down Facility |
| | Life Health St Dominics Sub-acute | Step-down Facility |
| | Life St Dominics Hospital Rehabilitation Unit | Physical Rehabilitation Facility |
| | Lily Kirchmann Complex - Sub-acute Unit | Step-down Facility |
| | Nurture Beacon Bay | Physical Rehabilitation Facility |
| Jeffreys Bay | Jeffreysrus Retirement Village | Step-down Facility |
| Mthatha | Mthatha Step-down Hospital | Step-down Facility |
| | Mthatha Sub-acute Hospital | Step-down Facility |
| Gqeberha (Port Elizabeth) | Nurture Aurora Hospital - Acute Rehabilitation | Physical Rehabilitation Facility |
| Queenstown | Carecure - Queenstown | Step-down Facility |

| FREE STATE | Practice Name | Facility Type |
|---|---|---|
| Bloemfontein | Emoyamed Private Hospital | Physical Rehabilitation Facility |
| | Life Pasteur Hospital - Life Rehabilitation Centre | Physical Rehabilitation Facility |
| | Nurture Hillandale | Step-down Facility |
| | Nurture Hillandale Rehab | Physical Rehabilitation Facility |
| | Specialist Hospital Sub-acute Bloemfontein | Step-down Facility |
| | Stirling Hospital | Step-down Facility |
| Welkom | Welkom Sub-acute Hospital | Sub-acute Facility |

| GAUTENG | Practice Name | Facility Type |
|---|---|---|
| Alberton | Nurture Alberton | Physical Rehabilitation Facility |
| Benoni | Morehill Physical Rehabilitation Clinic | Step-down Facility |
| | Nurture Rynmed Hospital | Physical Rehabilitation Facility |
| Centurion | Care@Midstream Sub-acute Facility | Sub-acute Facility |
| Johannesburg | Bryanston Sub-acute | Sub-acute Facility |
| | Circle Healthcare - Gauteng | Physical Rehabilitation Facility |
| | Clayton House | Sub-acute Facility |
| | Northcliff Medwedge Sub-acute | Physical Rehabilitation Facility |
| | Orchard Lodge Step-down Facility | Step-down Facility |
| | Life New Kensington Clinic | Sub-acute Facility |
| | Netcare Rehabilitation Hospital | Sub-acute Facility |
| Morningside | Intercare Sub-acute Hospital Sandton | Sub-acute Facility |
| Pretoria | Greentree Sub-acute Hospital | Physical Rehabilitation Facility |
| | Groenkloof Health Care Facility | Sub-acute Facility |
| | Herfsmed Clinic | Step-down Facility |
| | Intercare Hazeldean Sub-acute & Rehabilitation Hospital | Sub-acute Facility |
| | Intercare Irene Sub-acute & Rehabilitation Hospital | Step-down Facility |
| | La Vie Care @ Lynnmed Clinic | Physical Rehabilitation Facility |
| | Med-Step Clinic | Physical Rehabilitation Facility |
| | Montamed | Sub-acute Facility |
| | Life Eugene Marais Rehabilitation Unit | Sub-acute Facility |
| Randburg | Life Riverfield Lodge | Step-down Facility |
| Sandton | Intercare Medfem Fertility Clinic | Sub-acute Facility |
| Springs | Life Springs Parkland Hospital - Rehabilitation Dept | Sub-acute Facility |
| Vereeniging | Nurture Vereeniging | Physical Rehabilitation Facility |
| | Trimed Medical Centre & Frail Care Facility | Step-down Facility |

| KWAZULU-NATAL | Practice Name | Facility Type |
|---|---|---|
| **Ballito** | Nurture Ilembe | Physical Rehabilitation Facility |
| **Chatsworth** | Cheshire Home - Chatsworth | Step-down Facility |
| **Dundee** | Mpati Clinic (Talana Stepdown Facility) | Step-down Facility |
| **Durban** | Alliance Care | Step-down Facility |
| | Lenmed Ethekwini Acute Rehabilitation Centre | Physical Rehabilitation Facility |
| | Life Rehabilitation at Entabeni | Physical Rehabilitation Facility |
| **Howick** | Oatlands Care Centre | Sub-acute Facility |
| **Ladysmith** | Essen Medical Centre | Step-down Facility |
| **Overport** | Humana Healthcare | Sub-acute Facility |
| **Pietermaritzburg** | Royal Hospital | Sub-acute Facility |
| | St Mary's Centre | Sub-acute Facility |
| **Port Shepstone** | Hibiscus Hospital Scottburgh - Sub-acute Clinic | Sub-acute Facility |
| **Richards Bay** | Richards Bay Medical Institute | Step-down Facility |

| WESTERN CAPE | Practice Name | Facility Type |
|---|---|---|
| **Bellville** | Intercare Tyger Valley Sub-acute & Rehabilitation Hospital | Step-down Facility |
| **Cape Town** | Faircape Health Medical Tokai | Sub-acute Facility |
| | Faircape Healthcare - Heritage Park | Step-down Facility |
| | Faircape Healthcare - Noordhoek | Step-down Facility |
| | Nurture Newlands Hospital | Sub-acute Facility |
| | Oasis Care Centre | Sub-acute Facility |
| | Palm Garden Retreat - Retirement Faculity | Step-down Facility |
| | Robin Trust | Sub-acute Facility |
| | Life Vincent Pallotti Rehabilitation Unit - Pinelands | Physical Rehabilitation Facility |
| **George** | Spescare George | Sub-acute Facility |
| **Goodwood** | Nurture Cape View | Sub-acute Facility |
| **Hermanus** | Spescare Hermanus | Sub-acute Facility |
| **Langebaan** | Gerimed Langebaan | Step-down Facility |
| **Onrus River** | Faircape Healthcare - Onrus | Step-down Facility |
| **Paarl** | De Oude Renbaan Sub-acute Clinic | Step-down Facility |
| | Spescare Paarl | Sub-acute Facility |
| | St Stephen Sub-acute - Paarl | Step-down Facility |
| **Robertson** | Carewell Sub-acute Hospital - Robertson | Sub-acute Facility |
| **Somerset West** | Helderberg Village Frail Care Centre | Step-down Facility |
| | Spescare Blaauwberg | Sub-acute Facility |
| **Stellenbosch** | La Clemence Health Care Centre | Step-down Facility |
| | Spescare Stellenbosch | Sub-acute Facility |
| **Stilbaai** | Carewell Sub-acute Hospital - Stilbaai | Sub-acute Facility |
| **Strand** | Spescare Helderberg Sub-acute Hospital | Sub-acute Facility |
| **Worcester** | Nurture Worcester | Sub-acute Facility |

| LIMPOPO | Practice Name | Faciity Type |
|---|---|---|
| **Polokwane** | Unicare | Step-down Facility |

| MPUMALANGA | Practice Name | Facility Type |
|---|---|---|
| **Nelspruit** | M-Care Nelspruit | Sub-acute Facility |
| **Standerton** | Mar-Peh Medicare | Sub-acute Facility |
| **Witbank** | Highveld Sub-acute Services | Sub-acute Facility |

| NORTHERN CAPE | Practice Name | Facility Type |
|---|---|---|
| **Jan Kempdorp** | Andalusia Clinic | Sub-acute Facility |
| **Kimberley** | Kimmed Private Hospital | Physical Rehabilitation Facility |

| NORTH WEST | Practice Name | Facility Type |
|---|---|---|
| **Brits** | Brits Subakuut Hospitaal | Sub-acute Facility |
| **Potchefstroom** | M-Care Potchefstroom | Sub-acute Facility |

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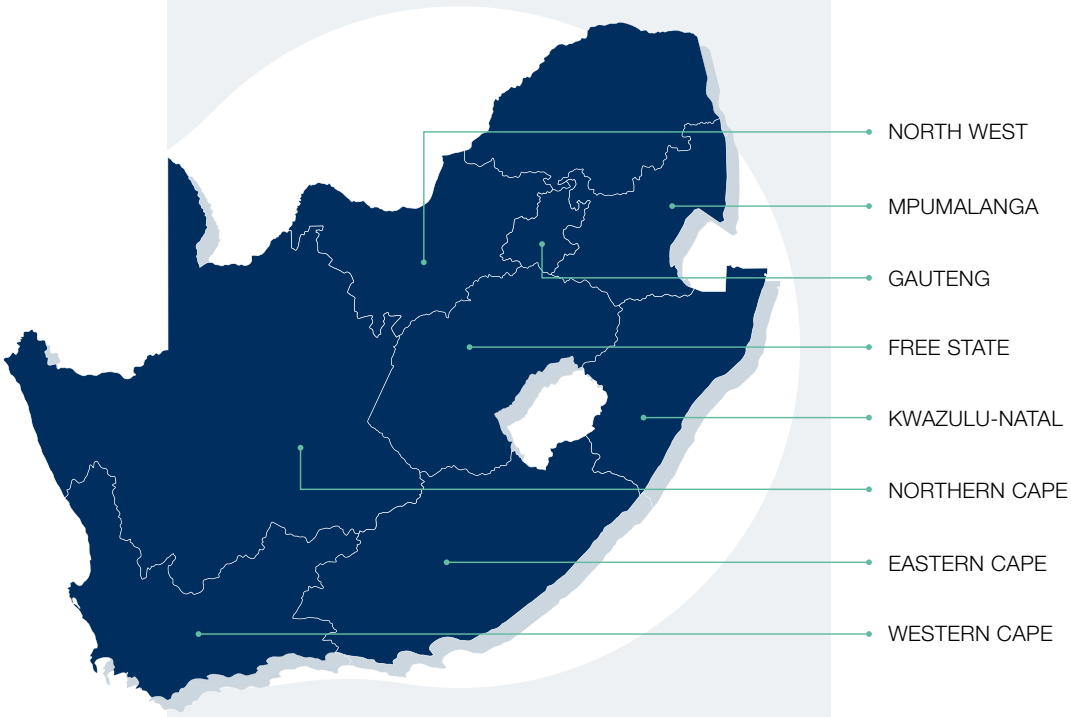
# Medshield's 2026 Mental Health and Substance Abuse Facilities Network

**Medshield's Network of Mental Health and Substance Abuse Facilities** will provide the much-needed support and care for Mental Health or substance abuse challenges. Experience peace of mind with the compassionate quality care provided by these world-class experienced facilities.

The facilities in our network are available on all Medshield Benefit Options and is not restricted to a specific benefit option or plan.

- PremiumPlus
- MediBonus
- MediSaver
- MediPlus prime
- MediPlus compact
- MediCore
- MediValue prime
- MediValue compact
- MediPhila
- MediCurve

**Click** on the region you would like to view



# Medshield **2026 Mental Health and Substance Abuse Facilities Network**

The facilities in our network are available on all Medshield Benefit Options and is not restricted to a specific benefit option or plan.

| EASTERN CAPE | Practice Name | Facility Type |
|---|---|---|
| East London | Life St Mark's Clinic | Mental Health Facility |
| | SANCA Central Eastern Cape | Substance Abuse Facility |
| Gqeberha (Port Elizabeth) | Life Hunterscraig Psychiatric Hospital | Mental Health Facility |
| | Netcare Akeso Gqeberha | Mental Health Facility |
| | Nurture Sunnyside | Substance Abuse Facility |
| | Welbedacht Treatment Centre | Substance Abuse Facility |
| Transkei | KwaBhaca Wellness Centre | Mental Health Facility |

| FREE STATE | Practice Name | Facility Type |
|---|---|---|
| Bethlehem | Mondia Dihlabeng Wellness Centre | Mental Health Facility |
| Bloemfontein | Bloemcare Psychiatric Hospital | Mental Health Facility |
| | M-Care Optima (Bloempsych) | Mental Health Facility |
| | Mondia Woodlands Wellness & Recovery Addiction Centre | Substance Abuse Facility |
| | SANCA - Aurora Alcohol & Drug Centre | Substance Abuse Facility |
| Welkom | Mediclinic Welkom ** | Acute Hospital |

| GAUTENG | Practice Name | Facility Type |
|---|---|---|
| Alberton | Akeso Alberton Clinic | Mental Health Facility |
| | Life Brackenview | Mental Health Facility |
| Benoni | Life Glynnview Private Hospital (Psychiatric) | Mental Health Facility |
| Boksburg | SANCA Horizon | Substance Abuse Facility |
| Centurion | Vista Private Psychiatric Clinic | Mental Health Facility |
| Johannesburg | Akeso Parktown Clinic | Mental Health Facility |
| | Houghton House Hospital | Substance Abuse Facility |
| | Mediclinic Legae ** | Acute Hospital |
| | Mediclinic Sandton ** | Acute Hospital |
| | RH Rand Clinic | Mental Health Facility |
| | SANCA National Office | Substance Abuse Facility |
| | The Foundation Clinic | Substance Abuse Facility |
| Kempton Park | Elim Clinic - Addiction Treatment Centre | Substance Abuse Facility |
| Krugersdorp | RH Bell Clinic | Mental Health Facility |
| Midrand | Evexia Midstream Community Mental Health Care Day Centre | Mental Health Facility |
| | Life Carstenview | Mental Health Facility |
| | Tranquility Home Rehabilitation Clinic | Substance Abuse Facility |
| Pretoria | Akeso Clinic - Arcadia | Mental Health Facility |
| | Clearview Clinic | Substance Abuse Facility |
| | Clinix Cullinan Wellness Hospital | Mental Health Facility |
| | Evexia Menlyn Community Health Care Day Centre | Mental Health Facility |
| | Fisha Wellness Hospital | Mental Health Facility |
| | Mediclinic Denmar Mental Health Facility Services | Mental Health Facility |
| | SANCA Pretoria Society | Substance Abuse Facility |
| | Stabilis Treatment Centre | Substance Abuse Facility |
| | Zwavelstream Clinic | Mental Health Facility |
| Randburg | Akeso Crescent Clinic Randburg | Mental Health Facility |
| | Life Riverfield Lodge | Mental Health Facility |
| Roodepoort | Eagles View Wellness Centre | Substance Abuse Facility |
| | Life Poortview Hospital | Mental Health Facility |
| Soweto | Soweto Life Path Health Hospital | Mental Health Facility |

** Mental Health Facility and Substance Abuse - Admissions permissible at these Acute Hospitals

| KWAZULU-NATAL | Practice Name | Facility Type |
|---|---|---|
| **Durban** | Life St Joseph's Psychiatric Hospital | Mental Health Facility |
| | Serenity Addiction Treatment Unit (Jullo Centre) | Substance Abuse Facility |
| **Inchanga** | Healing Hills Hospital | Mental Health Facility |
| **Margate** | South Coast Recovery Centre and Halfway House | Substance Abuse Facility |
| **Newcastle** | Mediclinic Newcastle ** | Acute Hospital |
| **Pietermaritzburg** | Akeso Clinic - Pietermaritzburg | Mental Health Facility |
| | St Catherine's Life Path Hospital | Mental Health Facility |
| **Richards Bay** | Akeso Clinic - Richards Bay | Mental Health Facility |
| **Umhlanga** | Akeso Clinic - uMhlanga | Mental Health Facility |
| | Mondia Health uMhlanga | Mental Health Facility |
| **Underberg** | Riverview Manor Specialist Clinic | Mental Health Facility |

| WESTERN CAPE | Practice Name | Facility Type |
|---|---|---|
| **Cape Town** | Akeso Clinic - Kenilworth | Mental Health Facility |
| | Claro Clinic | Mental Health Facility |
| | Mediclinic Cape Town ** | Acute Hospital |
| | Mediclinic Crescent Mental Health Facility Services | Mental Health Facility |
| | Melomed Claremont Private Clinic | Mental Health Facility |
| | Montrose Manor Eating Disorder Treatment Centre | Mental Health Facility |
| | Palm Tree Clinic | Mental Health Facility |
| | Ramot Centre for Alcohol and Drug Abuse | Substance Abuse Facility |
| | Summit Clinic - Rondebosch Medical Centre | Mental Health Facility |
| | The Cedars Treatment Facilities | Substance Abuse Facility |
| | Tijger Clinic | Mental Health Facility |
| | Vredekloof Clinic | Mental Health Facility |
| | West Beach Clinic | Mental Health Facility |
| **Durbanville** | The Newheaven - Durbanville | Mental Health Facility |
| | Tyger Valley Clinic | Mental Health Facility |
| **George** | Akeso Clinics - George | Mental Health Facility |
| | Mediclinic George Neuro Clinic | Mental Health Facility |
| **Hout Bay** | Harmony Addiction & Psychiatric Clinic | Substance Abuse Facility |
| **Kommetjie** | Akeso Stepping Stones Treatment Centre | Mental Health Facility |
| **Milnerton** | Akeso Clinic - Milnerton | Mental Health Facility |
| **Paarl** | Bloemendal Clinic | Mental Health Facility |
| | Sereno Clinic | Mental Health Facility |
| **Stellenbosch** | M-Care Optima @ Rustenvrede | Mental Health Facility |
| **Strand** | Helderberg Clinic | Mental Health Facility |
| **Worcester** | Pines Clinic | Mental Health Facility |
| | Toevlug Rehabilitasie Sentrum | Substance Abuse Facility |

| MPUMALANGA | Practice Name | Facility Type |
|---|---|---|
| **Nelspruit** | Akeso Clinic - Nelspruit | Mental Health Facility |
| | Healing Wings South Africa | Substance Abuse Facility |

** Mental Health Facility and Substance Abuse - Admissions permissible at these Acute Hospitals

| NORTHERN CAPE | Practice Name | Facility Type |
|---|---|---|
| **Kimberley** | Careline Clinic | Mental Health Facility |
| | Kimmed Private Hospital | Mental Health Facility |

| NORTH WEST | Practice Name | Facility Type |
|---|---|---|
| **Hartbeespoort** | Beethoven Recovery Centre | Mental Health Facility |
| **Klerksdorp** | Lenmed Parkmed Neuro Clinic | Mental Health Facility |
| | Sanpark Alcohol & Drug Centre | Substance Abuse Facility |
| **Mmabatho** | Kgatelopele Wellness Centre | Mental Health Facility |
| **Potchefstroom** | M-Care Amethyst | Mental Health Facility |
| **Rustenburg** | Rustenburg Medical Rehabilitation Clinic | Mental Health Facility |
| | White House Sober Clinic | Substance Abuse Facility |

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